



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2024 Winter/Spring Weekly Schedule (Effective January)

9:00-10:30am  
3.5-4.0 Clinic  
Member: \$28/Guest: \$38

9:00-10:30am  
2.5-3.0 Clinic  
Member: \$28/Guest: \$38

10:30-11:30am  
Tennis101/201

6:30-8:00pm  
Women's 4.5+ Clinic  
Member: \$28/Guest: \$38

6:30-8:00pm  
Men's Live Ball Clinic  
Member: \$28/Guest: \$38

9:00-10:30am  
Coached Matchplay  
Bump 'N Split  
Member: \$28/Guest: \$38

10:30-11:30am  
Tactical Tuesdays  
Member: \$20/Guest: \$30

6:30-8:00pm  
Open Clinic  
Member: \$28/Guest: \$38

9:00-10:30am  
Morning Open Clinic  
Member: \$28/Guest: \$38

10:30-11:30am  
Stroke of the Week  
Member: \$20/Guest: \$30

5:30-6:30pm  
Tennis101/201

6:30-8:00pm  
Game, Set, Margs!  
Member: \$10/Guest: \$25

9:00-10:30am  
Morning Open Clinic  
Member: \$28/Guest: \$38

10:30-11:30am  
Stroke of the Week  
Member: \$20/Guest: \$30

6:30-8:00pm  
Open Clinic  
Member: \$28/Guest: \$38

9:00-10:30am  
TGIF All Level Clinic  
Member: \$28/Guest: \$38

10:30-11:30am  
Fundamental Friday  
Member: \$20/Guest: \$30

DOWNLOAD THE TASC APP TODAY!

You must use this app to pre-register for clinics

8:00-9:00am  
Cardio Tennis  
Member: \$20/Guest: \$30

9:00-10:30am  
Morning Open Clinic  
Member: \$28/Guest: \$38

10:30-11:30am  
Tennis101/201

Sunday

12:00-1:30pm  
Open Clinic  
Member: \$28/Guest: \$38

ADULT TENNIS

Tennis Staff:

Joel Hancox, Director of Adult Tennis

Rob Lowe, General Manager

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For more information, contact the Director of Adult Tennis, Joel Hancox at j.hancox@cliffdrysdale.com.

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## CLASS DESCRIPTIONS

### 2.5-3.0 Clinic

This clinic focuses on developing your all-round game. Need an explanation on how to perform certain tactics or hit a certain shot? This is the clinic for you!

*Members: \$28/Guests: \$38*

### 3.5-4.0 Clinic

This clinic focuses on the more advanced aspects of the game to improve on. Past paced drills with live ball exercises!

*Members: \$28/Guests: \$38*

### 4.5 Women's Clinic

This clinic focuses on the more advanced aspects of the game to improve on. Past paced drills with live ball exercises!

*Members: \$28/Guests: \$38*

### Cardio Tennis

Take your cardio routine out of the gym and onto the tennis court! Cardio tennis is a great workout for players of all abilities, in fact, NO TENNIS EXPERIENCE IS REQUIRED!

*Members: \$20/Guests: \$30*

### Coached Matchplay Bump 'N Split

Come and put your skills to the test in a fun doubles coached matchplay environment.

Switching partners every round. Win you move up, lose you move down!

*Members: \$10/Guests: \$25*

### Fundamental Friday

This adult session covers the essential skills of tennis to enhance your game to the next level. Skills include: Grips, Footwork, Forehands, Backhands, Lobs, Volleys, Overheads, Drop Shots, Serves and Return of Serves.

*Members: \$20/Guests: \$30*

### Game, Set, Match!

Live ball drills, with a twist! Join us for an evening of tennis games with all-you-can-drink margaritas included!

*Members: \$19.95+ tax/Guests: \$29.95+ tax*

### Men's Live Ball Clinic

This clinic focuses on the more advanced aspects of the game to improve on. Fast paced drills with live-ball games.

*Cost - \$28 members / \$38 non members*

### Open Clinic

An energetic 90 minute session of drilling, strategy, and point play.

*Members: \$28/Guests: \$38*

### Stroke of the Week

This one-hour adult clinic covers a specific stroke each week that will help take your tennis game to the next level.

*Members: \$20/Guests: \$30*

### Tactical Tuesdays

This hour session is here for you to develop your shot selection skills, doubles positioning and strategies to help you move your tennis game to the next level.

*Members: \$20/Guests: \$30*

### Tennis 101

This is a class for those wanting to pick up the game, or who have taken a break and want to ease back in. Tennis 101 focuses on learning the basics of tennis, in a fun, friendly environment.

*Members: Complimentary 4-week session/Guests: \$76*

### Tennis 201

Designed for the player who is returning to the game or is a Tennis 101 graduate, this weekly clinic will give you the basic fundamentals of the game.

*Members: \$20/Guests: \$30*

### TGIF All Level Clinic

This clinic is for ALL Open and Instant players looking for a great start to their weekend. We will drill and compete in an exciting super clinic!

*Members: \$28/Guests: \$38*